

**The Community Advisory Committee (“CAC”)
Community Input Committee
Minutes of Meeting
Held Friday, September 25, 2015 at 10:00 a.m.**

Location: 2700 East 18th Street, Jonas Board Room, Suite 211, Kansas City, Missouri 64127

Community Input Committee Members in attendance:

Terry Trafton, Chair	Susan Mills-Gray
Mary Ann Arnott	Thuylinh Pham, M.D.
Nozella Brown	Melissa Robinson
David Clark	

Community Input Committee Members not in attendance:

Kelvin Walls, M.D.
Thomas Alber

Health Care Foundation of Greater Kansas City (HCF) Associates in attendance:

Bridget McCandless, M.D., President/CEO
Rhonda Holman, Vice President/COO
Tracy Skidgel, Manager Administrative Services/Executive Assistant
Victoria Meeks, Administrative Assistant

Guests in attendance:

None

Terry Trafton, Chair, called the meeting to order at 10:00 a.m. and welcomed all those present and stated that we had a quorum.

Discussion of Listening Sessions with Area Youth: The committee recently proposed listening sessions with youth and discussed the composition and location of the sessions and how questions that have been used with adult discussants in the past should be revised to better suit youth aged 15 to 21. Chair Trafton provided the Committee with information about a young adult group (ages 15-25) that meets on a weekly basis to discuss care coordination. He volunteered to speak with TMC Behavioral Health staff about questions, how they interact with youth, and what they would suggest for the listening sessions.

Nozella Brown brought up pertinent points regarding the settings of sessions where youth feel free to speak. When the environment is perceived as safe and young people feel secure, then they are quite willing to tell anyone about how they feel. Ideally the questions would also be paired with concrete examples to ensure that the Committee members listening are on the same page as the young discussants. With all these factors in mind, small focus groups would be the most conducive to good conversations.

Rhonda Holman expressed appreciation for all the input and promised to promptly type up the suggested revisions. She will transmit the questions via email for final review. Committee members were encouraged to inform her via email if any further revisions need to be made.

The Committee decided that there will be at least one group on the Missouri side and one on the Kansas side; Ms. Brown and Ms. Holman have both reached out to various groups on their respective sides of the state line. Dr. Thuylinh Pham noted that different answers will come from youth from an urban environment versus those who live in more rural areas. Committee members made suggestions about where and how these groups can be recruited in rural and/or urban settings:

- Pre-established school groups or after school programs, such as 4-H, FFA, or FCCLA.
- Ivanhoe and Jim Nunnely's Generation Rap group
- Faith-based groups and venues, such as churches which provide recreational activities for youth

Susan Mills-Gray was charged with identifying a rural Missouri group and Ms. Brown was charged with identifying an urban Kansas group. The Committee is most interested in hearing from youth who live in households of need.

Each session will last approximately 1.5 hours and will be recorded if parental consent is achieved; food will be provided along with \$25 gift cards for participants. The ideal size of the group will be 5-7 youth (but the Committee may need to invite 10 youth in order to achieve their ideal group size) with 1-3 Committee members in attendance. The rural Missouri group session will likely take place on a Tuesday or Wednesday evening per the suggestion of Ms. Mills-Gray. Ms. Brown recommends that the urban Kansas group session take place during the daytime hours. Because of the schedules of Committee members and staff, the sessions will likely occur in early November.

Ms. Holman recapped their discussion. Parental consent will be needed for those interviewed and parents must be informed that the recordings will only be used internally for evaluation purposes. Ideally the Committee will be able to attract students who already have parental consent per their school requirements. Otherwise, a form will need to be drawn up to obtain parents' consent.

Discussion of 2016 Community Health Forum: The Committee would like to sponsor a forum involving the public health agencies within the HCF service area (County Health Department information was provided). This forum will be held at the end of the first quarter of 2016, ideally in March or April. As the private health care landscape changes, public health agencies are re-envisioning their roles, and some regional health departments are seriously underfunded. Ms. Holman encouraged suggestions for potential topics, commenting that we would like this forum to draw a crowd of about 100 individuals. An ideal audience would include health care organizations, social service organizations, and elected officials. Dr. Pham stated that she can assist with getting politicians to participate.

A potential topic that emerged from the discussion was immunizations and the varying beliefs about the benefits and harms from vaccines. Dr. Pham is currently helping to craft a law regarding immunization requirements. She spoke of the current push in California to eliminate religious exemptions for vaccines and warned that the topic could be a very contentious one.

Chair Trafton recommended that we contact the health department directors in the service area and ask them a few questions about how they see their roles in the community and about challenges facing their departments and counties. An even broader discussion including Medicaid expansion and various school districts' efforts to be more health-conscious could draw a larger audience to this forum. Ideally there would be an educational component to the event as well as an open discussion.

Chair Trafton thanked the Committee for the vibrant conversation regarding the immunization issue and mentioned that Rotary's goal is to eradicate polio. This could be a great lesson and segue into our upcoming forum.

Ms. Holman stated that there are two important factors to consider:

- 1) Timing. There are only 6 months until this forum is scheduled, so we need to keep the timeframe in mind when deciding on which topic to address and who to include.
- 2) Discussions with public health officials. These conversations need to happen soon in order to gather their ideas for the forum.

To help develop an effective forum the Committee brainstormed a set of questions to ask the public health directors, which included queries such as:

- 1) What do you see as a current trend in public health?
- 2) What are the current barriers and challenges that keep them from being successful?
- 3) What would be two major goals for your health department in the next 5 years to impact the community?
- 4) If your department received a \$100,000 windfall, how would you put it to use?
- 5) In the last 10 years, how have your services had to change and evolve in order to stay viable in the community?
- 6) If we were to have this forum, what public health issue would you like to hear about?
- 7) Are there any dates in March and April 2016 when public health officials will be unavailable due to conferences or other industry-related gatherings?

The Committee would like to ask no more than 5 questions if possible. Ms. Holman shared that she had mentioned the Input Committee's interest in hosting a public health forum next spring to Larry Jones, former City of Independence Health Department Director, and he has agreed to help if need be. Chair Trafton discussed the forum idea with Jim Kelly, former director of the Jackson County Health Department, and he also agreed to help where and when needed.

Committee members will receive a list of the brainstormed interview questions via email and they will be asked to winnow the number to 5 or 6. Members volunteered to interview the directors from the communities that they represent, and Terry Thompson and Melissa Harmon will be asked to interview their department directors in Lafayette County and Johnson County, respectively.

Old Business: The 10-Year Reflection Luncheon was a great success and attracted a larger crowd than originally expected. Dr. McCandless' speech about where we have been and where we are hoping to go in the future was very well received. David Clark was able to sit with individuals from various organizations that HCF has funded and he found that quite rewarding.

Ms. Holman stated that the luncheon audience was a great cross-section of our community and that it was well put together and logistically successful. People from different sectors were engaged and Kathleen Sebelius' speech was right on target. There was much praise for this event.

Ms. Holman offered a copy of the *Decade of Difference* book to those who were unable to attend the luncheon.

New Business: Chair Trafton recommended that the next Community Input Committee meeting be held immediately following the full Community Advisory Committee meeting on November 12th.

Meeting adjourned at 11:20 a.m.

The next Community Input Committee meeting is scheduled for **Thursday, November 12, 2015 at 2:30 p.m.**