

**The Community Advisory Committee (“CAC”)  
Minutes of Meeting  
Held Thursday, March 10, 2016 at 1:00 p.m.**

Location: 2700 East 18<sup>th</sup> Street, Jonas Board Room, Suite 211, Kansas City, Missouri 64127

**CAC Members in Attendance:**

Melissa Harmon, Vice-Chair	Dee Ann Bowles
Mary Ann Arnott	David Clark
Aaron Link	Mike Enos
Siobhan McLaughlin-Lesley	Josephine Njoroge
Susan Mills-Gray	Thuylinh Pham, M.D.
Mary Jo Moore	Melissa Robinson
Alan Powell, M.D.	Kelvin Walls, M.D.
Terry Trafton	

**CAC Members not in Attendance:**

Terry Thompson, Chair (notified prior to meeting of inability to attend)  
Thomas Alber (notified prior to meeting of inability to attend)  
Nozella Brown, Ed.D. (notified prior to meeting of inability to attend)  
Cindy Chang, M.D.  
John Cottrell (notified prior to meeting of inability to attend)  
Niki Donawa (notified prior to meeting of inability to attend)  
Dan Shea (notified prior to meeting of inability to attend)

**Health Care Foundation (HCF) Associates in Attendance:**

Rhonda Holman, Vice-President/COO  
Victoria McNack, Administrative Assistant

**Guests in Attendance:**

J. Edgar Bennett, CAVU Health Care Systems

**Melissa Harmon, Vice-Chair, called the meeting to order at 1:10 p.m.**

**Approval of Previous Meeting Minutes: Alan Powell, M.D. motioned to approve the Minutes from the previous CAC meetings: January 14 and February 11, 2016. Susan Mills-Gray seconded and the motion was approved by unanimous voice vote.**

**Introduction of New CAC Members:** Siobhan McLaughlin-Lesley is a new CAC member who works as a marketing professional and represents Johnson County, Kansas. The committee members took time to introduce themselves to Ms. Lesley.

**Current CAC Openings:** Two (2) Jackson County positions on the CAC remain vacant.

**Community Update:**

- 1) Terry Trafton – City of Independence, Missouri

Mr. Trafton is currently in transition to become the CEO/Managing Director of Two Rivers Psychiatric Hospital.

- 2) Mary Ann Arnott – City of Iola, Kansas (Allen County)  
The city of Iola, Kansas recently passed Tobacco 21 and Iola is the first rural city in Kansas to do so. In a recent AARP magazine article, Kansas was ranked as the 24<sup>th</sup> healthiest state in the U.S. This article entitled “How Healthy is Your State?” showed one of Kansas’ weaknesses to be the low rate of adults managing their diabetes.  
Thrive Allen County recently began a new diabetes prevention program (DPP). There are 14 individuals who will receive personal coaching on nutrition and physical activity using a CDC-approved curriculum. They have 2 CDC-certified lifestyle coaches leading this class and it is a part of Thrive’s grant which aims to reduce the prevalence of heart disease and diabetes in Allen County.
- 3) Dee Ann Bowles – City of Lee’s Summit, Missouri  
Many community members and organizations are discussing the healthy living and capital projects happening off highway 470. Ms. Bowles informed the committee that the Lee’s Summit Chamber endorsed the Tobacco 21 initiative, but the city has not yet passed an ordinance.
- 4) Mary Jo Moore – City of Independence, Missouri  
Ms. Moore informed the committee that Tobacco 21 passed in Independence. An upcoming ballot in April contains a property tax increase proposed by the Independence Police Department.
- 5) Siobhan McLaughlin Lesley – City of Kansas City, Missouri  
Ms. Lesley discussed the Tobacco 21 initiative and the ways in which it is gaining momentum and acknowledgement throughout the community, particularly through social media.
- 6) David Clark – City of Belton, Missouri  
Sign-ups are available for physical fitness classes and recreation in Belton, Missouri.
- 7) Melissa Robinson – City of Kansas City, Missouri  
Ms. Robinson informed committee members that March 10<sup>th</sup> is Harriet Tubman Day. Kansas City, Missouri is working on an initiative to get women in the community walking at least 30 minutes per day.  
A proposal to increase the earnings tax by 1% will be on an upcoming ballot.
- 8) Aaron Link – Johnson County, Kansas  
Mr. Link informed the committee of the surprisingly high rates of alcohol abuse in Johnson County.  
In recent Kansas news, providers can donate time and services to Kansans which will then count toward their continuing education credit.  
The governor said that a number of people are moving off food stamps, but unfortunately many of those families are still living below poverty level.
- 9) Susan Mills-Gray – City of Harrisonville, Missouri  
About 10 years ago, Cass Regional Medical Center built a new facility which left a large building

vacant; there is a group who would like to develop this building into housing facilities, but the ultimate fate of this building is yet to be officially determined.

Cass County Health Department recently began a health society in order to help community members learn what public health can do for them and what they can do for public health.

10) Thuylinh Pham, M.D. – City of Independence, Missouri

The Robert Wood Johnson Foundation is giving out fifty large grants that span three years. Dr. Pham received information, including instructions about how to apply; there are also two webinars coming up for those who would like more details about these grants. Please let Dr. Pham know if you are interested in learning more about this opportunity.

11) Mike Enos – City of Kansas City, Missouri

The Kansas City AIDS Walk at Theis Park will take place on the morning of Saturday, April 30, 2016. This year's fundraising goal at the annual AIDS Walk is \$500,000 to be distributed equally among Hope Care Center, KC Care Clinic, Good Samaritan Project, and Save, Inc. for people who are affected by HIV/AIDS.

**Community Input Committee Report:** Terry Trafton, Chair, informed attendees that the Input Committee is interested in developing a video that local health departments can use to promote their services and the general importance of these entities. Over the past few months, this committee has conducted interviews with local public health officials and attended a meeting of the Metropolitan Official Health Agencies of the Kansas City Area (MOHAKCA) to test buy-in and get input on content for such a video. Ms. Holman volunteered to seek input from Jennifer Sykes, HCF Communications Officer, and Bridget McCandless, M.D., about the Foundation's capacity to help fund a professional video.

While the video will be a large undertaking, the committee plans to host two listening sessions with older adults in fall 2016. Similar to last year's listening sessions, their hope is to meet with one urban and one rural group in order to get their respective views on health care needs, issues with access, and other health-related topics.

**Nominating Committee Report:** Dee Ann Bowles, Chair, thanked those who served on this committee last year for their work and flexibility throughout the nominating process. She encouraged CAC members to think about who would be good for board service in 2017. The Nominating Committee will have their first meeting on June 2<sup>nd</sup> at 1:00 p.m. in the Jonas Board Room; at this meeting they will discuss future meeting dates, plan the interview schedule, and revise the interview questions and application.

**Review Committee Report:** Mike Enos, Chair, thanked Dr. Powell who previously chaired this committee and Brent Schondelmeyer for his many years of service in writing the annual review. Chair Enos would like to reach out to the other committees in order to gain multiple perspectives for the 2015 review; ideally the finished document will be published in June.

**Old Business:** Please fill out the 2016 Conflict of Interest/Attestation & Statement of Personal Interests form and return to Victoria McNack at your earliest convenience.

**New Business:** Melissa Robinson made an announcement regarding last Saturday's event hosted by Societas Docta, Inc. where Ms. Holman was honored as a woman of distinction in the area of community service.

**Announcements:** CAC group photos will be taken at the beginning of the May 12<sup>th</sup> meeting at 1:00 p.m.

**The meeting was adjourned at 1:40 p.m.**

**The next meeting of The Community Advisory Committee will be held on Thursday, May 12, 2016 at 1:00 p.m.**