

**The Community Advisory Committee (“CAC”)
Community Input Committee
Minutes of Meeting
Held Tuesday, June 28, 2016 at 1:00 p.m.**

Location: 2700 East 18th Street, Jonas Board Room (Suite 211), Kansas City, Missouri 64127

Community Input Committee Members in Attendance:

Terry Trafton, Chair
Susan Mills-Gray
Mary Ann Arnott (telephone)

Community Input Committee Members not in Attendance:

Tom Alber
Nozella Brown, Ed.D. (notified prior to meeting of inability to attend)
John Cottrell
Thuylinh Pham, M.D. (notified prior to meeting of inability to attend)
Melissa Robinson
Kelvin Walls, M.D.

Additional Health Care Foundation (HCF) Associates in Attendance:

Bridget McCandless, M.D., President/CEO (telephone)
Rhonda Holman, Vice President/COO
Victoria McNack, Administrative Assistant

Guests in Attendance:

None

Terry Trafton, Chair, called the meeting to order at 1:05 p.m.

Discussion of 2016 Public Health Event: Earlier in the year, this committee began planning a public health forum in order to inform communities of what public health agencies do to keep citizens safe and healthy. The idea was raised to produce a video to promote public health to a broad audience. The cost of that was substantial and not within the CAC budget.

The Input Committee is now pursuing a partnership with American Public Square to have a public discussion as part of a series entitled “Zip Code Matters.” This is a two-part series which includes one panel session that details public health services and funding, public health issues -- such as safe water and food -- and the role of the government in providing these services. One media partner, KCPT, plans to film the event and broadcast the footage in the subsequent weeks. The tentative date for this session is May 9, 2017. Dr. McCandless provided the committee with a few event details, but more will be available after the program is established.

Chair Trafton stated that this forum aligns with the committee's goal and mission of seeking community input surrounding health. Members of the committee agree that this is an ideal opportunity; not only does it allow more time to develop a meaningful program, but it also accomplishes the committee's goal of having a video-recorded program that can reach a broader audience. Susan Mills-Gray voiced her support, stating that this makes available more time for committee members to focus on planning the important listening sessions arranged to take place this fall. With the support of the Foundation, the CAC plans to be a sponsor of this American Public Square event. Present members expressed gratitude to Dr. McCandless who was instrumental in bringing about this opportunity for the Input Committee.

The Center for Practical Bioethics plans to host an upcoming event on the topic of gun violence; Dr. McCandless will soon provide more information about that event along with potential ways in which the committee could potentially get involved.

Discussion of 2016 Community Listening Sessions: Earlier this year, the committee decided to host two listening sessions with rural and urban seniors. The Foundation does not receive many requests for funding for seniors.

Chair Trafton laid out a few action items that will help move forward the planning of these sessions set to take place this fall.

In light of Ms. Holman's upcoming retirement, it is important that the committee and HCF staff consider who will oversee this committee and assist in recruiting agencies and participants, coordinate space for these sessions, etc. Dr. McCandless and Ms. Holman agreed that Andrés Dominguez would be of tremendous assistance to the committee; however, his availability may be limited.

Ms. Mills-Gray encouraged the committee to partner with senior nutrition sites due to the fact that it is a pre-formed group on seniors who have an interest in congregating and engaging with other seniors and community members. She also mentioned that the directors of these sites can be great advocates for this committee and encourage seniors to participate in this worthwhile activity. Victoria McNack recommended the South Kansas City Hillcrest Community Center which is one such senior nutrition site.

Committee members brainstormed various agencies to contact about gathering session participants and prospective venues. Ms. Holman reminded everyone to be sensitive to the drive time required for community and CAC members alike to attend these sessions. Potential partners are as follows:

- The Area Agency on Aging
- Mid-America Regional Council (MARC)
- The Salvation Army

Ms. Mills-Gray volunteered to solicit the insight of Terry Thompson, Chair of the CAC, in order to determine prospective senior nutrition sites in Lafayette County.

The list of questions from the last year's youth listening sessions was provided to all present members. These questions were modified from the general listening session questions developed a few years ago, so the committee plans to adapt the original questions to help meet their goal of this year's input session.

Dr. McCandless encouraged the committee to establish the goals of the sessions and pre-determine what information would be most beneficial to move forward the work of the Foundation. The committee discussed various topics and questions that could be a part of these listening sessions:

- Financial strain of health care and wellness needs.
- Access to services.
- Do seniors feel excluded from the system? The well-care system was built around the middle class and middle-aged; conversely, the sick-care system was built around seniors. Do seniors feel excluded from the variety of opportunities in the former? Some may want to be active the well-care system, but how difficult is it for seniors to bridge that gap?
- What are individual seniors' needs in order to remain healthy?
- What are their fears in association with health and health care? With an increase in life expectancy, Ms. Mills-Gray voiced the common fear of outliving one's money allotted not only for *wants*, but also for important health care *needs*.
- What are the most prevalent barriers to seniors' health?

In addition to the goals of the session itself, the committee also considered what will be done with the information and responses of participants after the sessions are completed. While it may be important and desired to disperse this information beyond the reaches of HCF, the main charge is to provide the gathered information to the Board and staff in order to inform the Foundation's grant related work.

Committee members stated their ideas regarding the dispersal of information:

- Create a report for the HCF Board to inform them of community needs
- Inform nonprofits in the area about gaps for senior services which may generate additional grant requests.
- Enhance the feedback loops between the Board and CAC and the CAC and staff.

When discussing health and health care, it is important to consider the topic of mental health; the committee communicated the importance of collecting feedback from the older adult population on the topic of mental and behavioral health. Ms. Holman recommended that this committee ask questions of this population to better understand their level of awareness and perception of mental health care, their comfort level in pursuing this type of care, as well as the real or perceived barriers to getting mental health care. Due to the longstanding stigma associated with mental health, the committee brainstormed the ways in which the questions could be carefully worded in order to not "out" any participants who may have mental health conditions.

Dr. McCandless encouraged the committee to consider a broad question about overall health of the family and the bearing of the familial health burden by the "young seasoned" who tend to be caregivers for their elderly parents.

Action items:

1. Finalize the questions for the upcoming listening sessions with the older adult population.
2. Determine the two locations of the sessions.

3. Determine the agencies with which the committee will partner in order to have the most successful listening sessions possible.

Mr. Mills-Gray volunteered to find a few potential partners in Lafayette County. Dr. McCandless volunteered to call Jacquelyn with the Area Agency on Aging to assist with this endeavor.

Old Business: None

New Business: The committee decided to schedule their next meeting to be held immediately before the full CAC meeting on Thursday, July 14. A Doodle Poll will then be distributed to determine the best date and time for a future teleconference in order to finalize the listening session questions.

The meeting was adjourned at 2:05 p.m.

The next CAC Community Input Committee meeting will be held on Thursday, July 14, 2016 at 12:00 p.m. (noon).